

**THE
CATHEDRAL
OF THE
RISEN
CHRIST**

Cathedral Bible Study

Fr. Steve Thomlison
Assistant Pastor

Thursday, December 9, 2010

**** PLEASE SIGN IN ****

NEXT WEEK'S MEETING



Thursday, December 16



7PM - Cathedral School Christmas Program

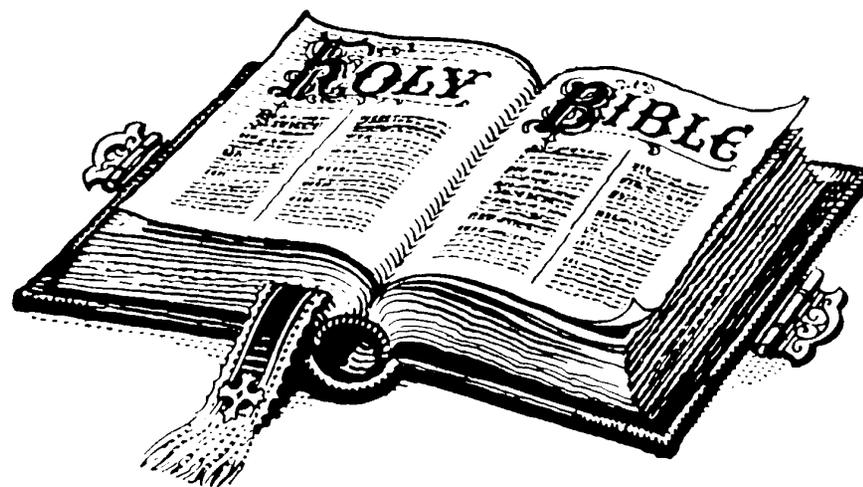
8PM - Bible Study (Lectio Divina)



Come and feel free to invite others
to attend BOTH!

BIBLE STUDY OBJECTIVES

- Doctrine & Theology of the Liturgy of the Mass as found in Scripture & Tradition
- Using *Lectio Divina* to pray with the Bible
- Updated translation of the Mass parts
- Have fun!



THE MASS

- **PREPARATION:**
 - *Vestments/Attire & Prayers; Pilgrimage*
- **SIGN OF THE CROSS:**
 - *Summation of our Faith in a Gesture*
- **GREETING:**
 - *“and with your Spirit” = Holy Orders*
- **PENITENTIAL RITE:**
 - *Jesus, Son of David, have Mercy on me!*
- **GLORIA:**
 - *Greatest Hymn of Praise to the Trinity*
- **THE LITURGY OF THE WORD:**
 - *Christ Himself speaks!*
- **CREED:**
 - *I believe in one God*
- **PETITIONS OF THE FAITHFUL:**
 - *Lord, hear our prayer!*
- **PREPARATION OF THE GIFTS:**
 - *We are the Gifts!*
- **PRAYER OVER THE OFFERINGS:**
 - *Accept these Gifts*



LITURGY OF THE EUCHARIST

1. Preparation of the Gifts
2. Prayer over the Offerings
- 3. The Eucharistic Prayer**
4. Communion Rite
5. Lord's Prayer
6. Rite of Peace
7. The Fraction
8. Communion



EUCCHARISTIC PRAYER

PRIEST:

1. Thanksgiving
2. Acclamation
3. Epiclesis
4. Institution Narrative & Consecration
5. Anamnesis
6. Offering
7. Intercessions
8. Final Doxology

PEOPLE:

1. Preface dialogue

3 part dialogue traced to
The Apostolic Tradition (Hippolytus, 215)

2. *Sanctus (Holy, Holy)*
3. Acclamation after the Consecration
4. Acclamatory *Amen* after the final doxology

KNEELING

Spirit of the Liturgy

by Cardinal Joseph Ratzinger

“Kneeling does not come from any culture – it comes from the bible and its knowledge of God. The central importance of kneeling in the Bible can be seen in a very concrete way. The word *proskynein* alone occurs fifty-nine times in the New Testament., twenty-four of which are in the Apocalypse, the book of the heavenly liturgy which is presented to the Church as the standard for her own liturgy.”



"*proskuneo*" means "to kiss the hand, bow down before, show obeisance, to worship."

THANKSGIVING

- Εὐχαριστία; *Eucharistia* – Greek; to give Thanks; thanksgiving
- The priest, in the name of the entire holy people, glorifies God the Father and gives thanks for the whole work of salvation.

Leviticus 7:11-12: "This is the ritual for the peace offerings that are presented to the LORD. When anyone makes a peace offering in thanksgiving, together with his thanksgiving sacrifice he shall offer unleavened cakes mixed with oil, unleavened wafers spread with oil, and cakes made of fine flour mixed with oil and well kneaded."

EUCCHARISTIC PRAYERS

THANKSGIVING:

EP1:

We come to you
Father, with praise
and thanksgiving,
through Jesus
Christ your Son.

EP2:

It is truly right
and just, our duty
and salvation,
always and
everywhere to give
you thanks, Father
most holy, through
your beloved Son,
Jesus Christ...

EP3:

You are indeed
Holy, O Lord,
and all you have
created rightly
gives you praise,
for through your
Son our Lord
Jesus Christ, by
the power and
working of the
Holy Spirit, you
give life ...

EP4:

It is truly right
to give you
thanks, truly just
to give you glory,
Father, most
holy, for you are
the one God
living and true ...

EPICLEISIS

- ἐπίκλησις; Greek word, *to invoke upon*
- *Two Parts:*
 - (1) *Hands over the bread & wine*
 - (2) *Sign of the Cross*
- *“The Church implores the power of the Holy Spirit that the gifts offered by human hands be consecrated, that is, become Christ’s Body and Blood, and that the spotless Victim to be received in Communion be for the salvation of those who will partake of it.” (GIRM, 79)*

1 Kings 18: 36-38: At the time for offering sacrifice, the prophet Elijah came forward and said, "LORD, God of Abraham, Isaac, and Israel, let it be known this day that you are God in Israel and that I am your servant and have done all these things by your command.

Answer me, LORD! Answer me, that this people may know that you, LORD, are God and that you have brought them back to their senses.“

The LORD'S fire came down and consumed the holocaust, wood, stones, and dust, and it lapped up the water in the trench.

EUCCHARISTIC PRAYERS

EPICLESIS:

EP1:

We ask you to accept and bless † these gifts, these offerings, these holy and unblemished sacrifices ...

Be pleased, O God, we pray, to bless, acknowledge, and approve this offering in every respect; make it spiritual and acceptable, so that it may become for us the Body and Blood of your most beloved Son, our Lord Jesus Christ.

EP2:

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body † and Blood of our Lord, Jesus Christ.

EP3:

Therefore, O Lord, we humbly implore you: by the same Spirit graciously make holy these gifts we have brought to you for consecration, that they may become the Body † and Blood of your Son our Lord Jesus Christ at whose command we celebrate these mysteries.

EP4:

Therefore, O Lord, we pray, may this same Holy Spirit graciously sanctify these gifts, that they may become the Body † and Blood of our Lord Jesus Christ for the celebration of this great mystery, which he himself left us as an eternal covenant.

LECTIO DIVINA

*An Ancient Method of Praying the Bible
Practiced and Taught by Pope St. Gregory
the Great (590-604AD)*

ZENIT: Pope Benedict XVI believes that the recovery of the practice of "*lectio divina*," prayerful meditation of Scripture, will bring a "new spiritual springtime" for the Church. When meeting with more than 400 experts attending a congress in Rome on "Sacred Scripture in the Life of the Church," the Holy Father recommended this ancient practice which literally means "divine reading."



Lectio Divina

(An Ancient Method of Prayer in 5 steps)

(*) PREPARE

Get your Bible & Find a quiet place to pray;
Plan to pray for at least 15 minutes

(1) LECTIO (Attentive Reading - out loud)

How To Do It:

Select just a few verses; Slowly and quietly
read & re-read the verses out loud 2-3
times

(2) MEDITATIO (meditation)

How To Do It:

Watch for your favorite verse or even just a
favorite word from the passage!
Put yourself in the bible passage; hear the
words; see the colors; feel the gravel; smell
the flowers; taste the food

(3) ORATIO (prayer; conversation; speech)

How To Do It:

Tell God about your favorite verse or your
favorite word! Tell Him why you like or
what it means to you.

(4) CONTEMPLATIO (contemplation; rest in the Lord)

How To Do It:

Now rest silently and open your heart to God.
Listen in silence. Don't worry about
distractions, but gently return from them to
continually focus on God.

(5) OPERATIO (work; effort; activity; action)

How To Do It:

What are small little ways that you can
implement what you have received? Plan
little ways each day to change your own
attitude & actions – maybe in how you treat
your family, friends, or neighbors?

Mark 1:35-44

Rising very early before dawn, he left and went off to a deserted place, where he prayed. Simon and those who were with him pursued him and on finding him said, "Everyone is looking for you." He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come."

So he went into their synagogues, preaching and driving out demons throughout the whole of Galilee.

A leper came to him (and kneeling down) begged him and said, "If you wish, you can make me clean." Moved with pity, he stretched out his hand, touched him, and said to him, "I do will it. Be made clean." The leprosy left him immediately, and he was made clean.

Then, warning him sternly, he dismissed him at once. Then he said to him, "See that you tell no one anything, but go, show yourself to the priest and offer for your cleansing what Moses prescribed; that will be proof for them."

SNEAK PREVIEW

Cathedral Christmas Program
Lectio Divina – Sunday Readings

January 2011:

Institution Narrative