

**THE  
CATHEDRAL  
OF THE  
RISEN  
CHRIST**

# **Cathedral Bible Study**

Fr. Steve Thomlison  
Assistant Pastor

Thursday, December 16, 2010

**\*\* PLEASE SIGN IN \*\***

# MEETING



**Thursday, December 16**



7PM - Cathedral School Christmas Program

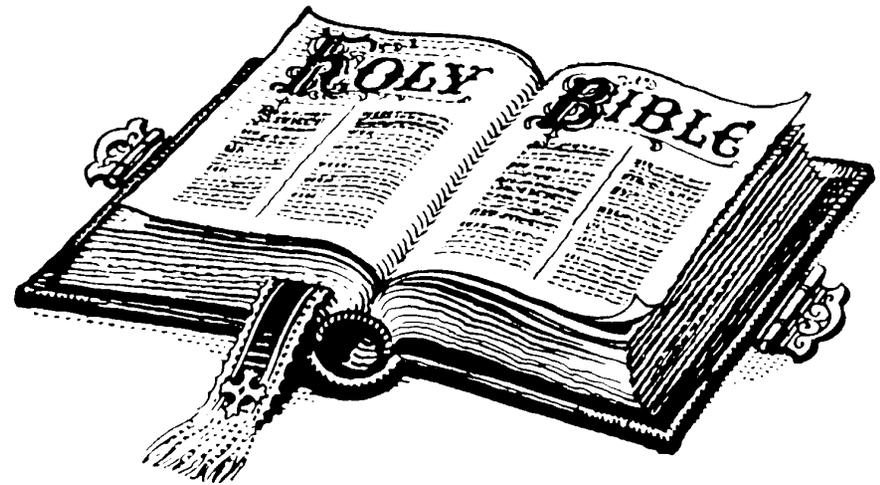
8PM - Bible Study (Lectio Divina)



Please Join Us at the  
Cathedral School Christmas Program  
upstairs in the main Chapel at 7PM!

# BIBLE STUDY OBJECTIVES

- Doctrine & Theology of the Liturgy of the Mass as found in Scripture & Tradition
- Using *Lectio Divina* to pray with the Bible
- Updated translation of the Mass parts
- Have fun!



# THE MASS

- **PREPARATION:**
  - *Vestments/Attire & Prayers; Pilgrimage*
- **SIGN OF THE CROSS:**
  - *Summation of our Faith in a Gesture*
- **GREETING:**
  - *“and with your Spirit” = Holy Orders*
- **PENITENTIAL RITE:**
  - *Jesus, Son of David, have Mercy on me!*
- **GLORIA:**
  - *Greatest Hymn of Praise to the Trinity*
- **THE LITURGY OF THE WORD:**
  - *Christ Himself speaks!*
- **CREED:**
  - *I believe in one God*
- **PETITIONS OF THE FAITHFUL:**
  - *Lord, hear our prayer!*
- **PREPARATION OF THE GIFTS:**
  - *We are the Gifts!*
- **PRAYER OVER THE OFFERINGS:**
  - *Accept these Gifts*



# LITURGY OF THE EUCHARIST

1. Preparation of the Gifts
2. Prayer over the Offerings
- 3. The Eucharistic Prayer**
4. Communion Rite
5. Lord's Prayer
6. Rite of Peace
7. The Fraction
8. Communion



# EUCCHARISTIC PRAYER

## PRIEST:

1. Thanksgiving
2. Acclamation
3. Epiclesis
4. Institution Narrative & Consecration
5. Anamnesis
6. Offering
7. Intercessions
8. Final Doxology

## PEOPLE:

1. Preface dialogue

3 part dialogue traced to  
*The Apostolic Tradition* (Hippolytus, 215)

2. *Sanctus (Holy, Holy)*
3. Acclamation after the Consecration
4. Acclamatory *Amen* after the final doxology

# LECTIO DIVINA

*An Ancient Method of Praying the Bible  
Practiced and Taught by Pope St. Gregory  
the Great (590-604AD)*

ZENIT: Pope Benedict XVI believes that the recovery of the practice of "*lectio divina*," prayerful meditation of Scripture, will bring a "new spiritual springtime" for the Church. When meeting with more than 400 experts attending a congress in Rome on "Sacred Scripture in the Life of the Church," the Holy Father recommended this ancient practice which literally means "divine reading."



# Lectio Divina

*(An Ancient Method of Prayer in 5 steps)*

## **(\*) PREPARE**

Get your Bible & Find a quiet place to pray;  
Plan to pray for at least 15 minutes

## **(1) LECTIO** (Attentive Reading - out loud)

*How To Do It:*

Select just a few verses; Slowly and quietly  
read & re-read the verses out loud 2-3  
times

## **(2) MEDITATIO** (meditation)

*How To Do It:*

Watch for your favorite verse or even just a  
favorite word from the passage!  
Put yourself in the bible passage; hear the  
words; see the colors; feel the gravel; smell  
the flowers; taste the food

## **(3) ORATIO** (prayer; conversation; speech)

*How To Do It:*

Tell God about your favorite verse or your  
favorite word! Tell Him why you like or  
what it means to you.

## **(4) CONTEMPLATIO** (contemplation; rest in the Lord)

*How To Do It:*

Now rest silently and open your heart to God.  
Listen in silence. Don't worry about  
distractions, but gently return from them to  
continually focus on God.

## **(5) OPERATIO** (work; effort; activity; action)

*How To Do It:*

What are small little ways that you can  
implement what you have received? Plan  
little ways each day to change your own  
attitude & actions – maybe in how you treat  
your family, friends, or neighbors?

# Isaiah 7:10-14

The LORD spoke to Ahaz, saying:  
Ask for a sign from the LORD, your God;  
let it be deep as the netherworld, or high as the sky!

But Ahaz answered,  
“I will not ask! I will not tempt the LORD!”

Then Isaiah said:  
Listen, O house of David!  
Is it not enough for you to weary people,  
must you also weary my God?

Therefore the Lord himself will give you this sign:  
the virgin shall conceive, and bear a son,  
and shall name him Emmanuel.

# Psalm 24:1-2, 3-4, 5-6

R. (7c and 10b) **Let the Lord enter; he is king of glory.**

The LORD's are the earth and its fullness;  
the world and those who dwell in it.

For he founded it upon the seas  
and established it upon the rivers.

R. **Let the Lord enter; he is king of glory.**

Who can ascend the mountain of the LORD?  
or who may stand in his holy place?

One whose hands are sinless, whose heart is clean,  
who desires not what is vain.

R. **Let the Lord enter; he is king of glory.**

He shall receive a blessing from the LORD,  
a reward from God his savior.

Such is the race that seeks for him,  
that seeks the face of the God of Jacob.

R. **Let the Lord enter; he is king of glory.**

# Romans 1:1-7

Paul, a slave of Christ Jesus,  
called to be an apostle and set apart for the gospel of God,  
which he promised previously through his prophets  
in the holy Scriptures,  
the gospel about his Son, descended from David  
according to the flesh,  
but established as Son of God in power  
according to the Spirit of holiness  
through resurrection from the dead, Jesus Christ our Lord.

Through him we have received the grace of apostleship,  
to bring about the obedience of faith,  
for the sake of his name, among all the Gentiles,  
among whom are you also, who are called to belong to Jesus Christ;

to all the beloved of God in Rome, called to be holy.  
Grace to you and peace from God our Father  
and the Lord Jesus Christ.

# Matthew 1:18-24

This is how the birth of Jesus Christ came about.

When his mother Mary was betrothed to Joseph, but before they lived together, she was found with child through the Holy Spirit.

Joseph her husband, since he was a righteous man, yet unwilling to expose her to shame, decided to divorce her quietly.

Such was his intention when, behold, the angel of the Lord appeared to him in a dream and said,

“Joseph, son of David, do not be afraid to take Mary your wife into your home. For it is through the Holy Spirit that this child has been conceived in her. She will bear a son and you are to name him Jesus, because he will save his people from their sins.”

All this took place to fulfill what the Lord had said through the prophet:  
*Behold, the virgin shall conceive and bear a son, and they shall name him Emmanuel, which means “God is with us.”*

When Joseph awoke, he did as the angel of the Lord had commanded him and took his wife into his home.

# **SNEAK PREVIEW**

NEXT MEETING

**January 6, 2011:**

Institution Narrative