

**THE
CATHEDRAL
OF THE
RISEN
CHRIST**

Cathedral Bible Study

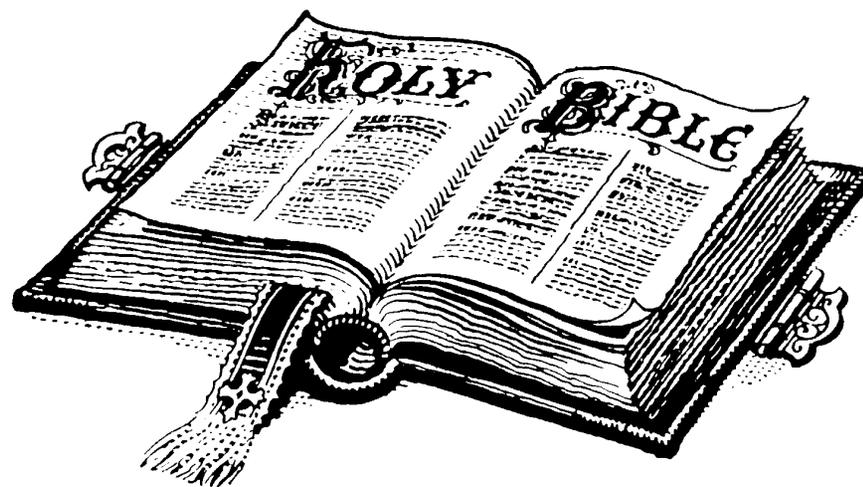
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Thursday, January 6, 2011

**** PLEASE SIGN IN ****

BIBLE STUDY OBJECTIVES

- Doctrine & Theology of the Liturgy of the Mass as found in Scripture & Tradition
- Using *Lectio Divina* to pray with the Bible
- Updated translation of the Mass parts
- Have fun!



THE MASS

- **PREPARATION:**
 - *Vestments/Attire & Prayers; Pilgrimage*
- **SIGN OF THE CROSS:**
 - *Summation of our Faith in a Gesture*
- **GREETING:**
 - *“and with your Spirit” = Holy Orders*
- **PENITENTIAL RITE:**
 - *Jesus, Son of David, have Mercy on me!*
- **GLORIA:**
 - *Greatest Hymn of Praise to the Trinity*
- **THE LITURGY OF THE WORD:**
 - *Christ Himself speaks!*
- **CREED:**
 - *I believe in one God*
- **PETITIONS OF THE FAITHFUL:**
 - *Lord, hear our prayer!*
- **PREPARATION OF THE GIFTS:**
 - *We are the Gifts!*
- **PRAYER OVER THE OFFERINGS:**
 - *Accept these Gifts*



LITURGY OF THE EUCHARIST

1. Preparation of the Gifts
2. Prayer over the Offerings
- 3. The Eucharistic Prayer**
4. Communion Rite
5. Lord's Prayer
6. Rite of Peace
7. The Fraction
8. Communion



EUCCHARISTIC PRAYER

PRIEST:

1. Thanksgiving
2. Acclamation
3. Epiclesis
4. Institution Narrative & Consecration
5. Anamnesis
6. Offering
7. Intercessions
8. Final Doxology

PEOPLE:

1. Preface dialogue

3 part dialogue traced to
The Apostolic Tradition (Hippolytus, 215)

2. *Sanctus (Holy, Holy)*
3. Acclamation after the Consecration
4. Acclamatory *Amen* after the final doxology

EUCCHARISTIC PRAYERS

EPICLESIS:

EP1:

We ask you to accept and bless † these gifts, **these offerings, these holy and unblemished sacrifices ...**

Be pleased, O God, we pray, to bless, acknowledge, and approve this offering in every respect; make it spiritual and acceptable, so that it may become for us the Body and Blood of Your most beloved Son, our Lord Jesus Christ.

EP2:

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body † and Blood of our Lord, Jesus Christ.

EP3:

Therefore, O Lord, we humbly implore you: by the same Spirit graciously make holy these gifts we have brought to You for consecration, that they may become the Body † and Blood of your Son our Lord Jesus Christ at whose command we celebrate **these mysteries.**

EP4:

Therefore, O Lord, we pray, may this same Holy Spirit graciously sanctify these gifts, that they may become the Body † and Blood of our Lord Jesus Christ for the celebration of this great mystery, which He **Himself left us as an **eternal** covenant.**

THINGS TO WATCH FOR

KEY WORD CHANGES:

- holy and venerable hands
- eat of it
- Chalice
- the chalice filled with the fruit of the vine
- which will be poured out for you, and for many, for the forgiveness of sins.

LITURGICAL PRACTICES:

- Bow at the consecration of the bread & wine when the priest genuflects (solemn bow if standing; head bow if kneeling)
- “My Lord and My God” (John 20:28) at elevation

EUCCHARISTIC PRAYERS

BEGINNING THE INSTITUTION NARRATIVE:

EP1:

On the day before he **was to suffer** he took bread in **his holy and venerable** hands, and **with eyes raised** to heaven to you, **O God**, his almighty Father **giving** you thanks **he said the blessing**, broke the bread, **and** gave it to his disciples, **saying:**

EP2:

Who, as he was **handed over and entered willingly into his Passion**, he took bread and, giving **thanks, broke it, and** gave it to his disciples, **saying:**

EP3:

For on the night He was betrayed **He Himself** took bread, and **giving** You thanks **He said the blessing**, broke the bread **and** gave it to His disciples, **saying:**

EP4:

For when the **hour had come** for Him to be glorified by You, **Father most holy, having loved His own who were in the world, He loved them to the end and** while they were at supper, He took bread, **blessed and broke** it, and gave it to His disciples, **saying:**

THE INSTITUTION NARRATIVE:

CURRENT:

Take this, all of you, and eat it: This is My body which will be given up for you.

ACCURATE:

Take this, all of you, and eat **of** it, **for** this is My body, which will be given up for you.

EUCCHARISTIC PRAYERS

BEGINNING THE 2nd INSTITUTION NARRATIVE:

EP1:

In a similar way, when supper was ended, He took **this precious chalice in His holy and venerable Hands, and once more giving** You thanks, **He said the blessing and** gave the **chalice** to His disciples, **saying:**

EP2:

In the same way, when supper was ended, He took the **chalice and, once more giving** You thanks, **He gave it** to His disciples, **saying:**

EP3:

In the same way, when supper was ended, He took the **chalice, and giving** You thanks **He said the blessing, and** gave it to His disciples, **saying:**

EP4:

In a similar way, **taking the chalice** filled with **the fruit of the vine**, He gave thanks, and **gave the chalice** to His disciples, **saying:**

THE 2nd INSTITUTION NARRATIVE:

CURRENT:

Take this, all of you, and drink from it: this is the **cup** of my Blood, the Blood of the new and **everlasting** covenant.

It will be **shed** for you and **for all so that sins may be forgiven.**

Do this in memory of Me.

ACCURATE:

Take this, all of you, and drink from it, **for** this is the **chalice** of my Blood, the Blood of the new and **eternal** covenant, **which** will be **poured out** for you and **for many for the forgiveness of sins.**

Do this in memory of Me.

LAST SUPPER NARRATIVE

Matthew 26:27-28 (NAB)

Then he took a cup, gave thanks, and gave it to them, saying, "Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins.

Mark 14:24 (NAB)

"He said to them, "This is my blood of the covenant, which will be shed for many."

Isaiah 53:11-12

Because of his affliction he shall see the light in fullness of days; Through his suffering, my servant shall justify many, and their guilt he shall bear.

Therefore I will give him his portion among the great, and he shall divide the spoils with the mighty, Because he surrendered himself to death and was counted among the wicked; And he shall take away the sins of many, and win pardon for their offenses.

LECTIO DIVINA

*An Ancient Method of Praying the Bible
Practiced and Taught by Pope St. Gregory
the Great (590-604AD)*

ZENIT: Pope Benedict XVI believes that the recovery of the practice of "*lectio divina*," prayerful meditation of Scripture, will bring a "new spiritual springtime" for the Church. When meeting with more than 400 experts attending a congress in Rome on "Sacred Scripture in the Life of the Church," the Holy Father recommended this ancient practice which literally means "divine reading."



Lectio Divina

(An Ancient Method of Prayer in 5 steps)

(*) PREPARE

Get your Bible & Find a quiet place to pray;
Plan to pray for at least 15 minutes

(1) LECTIO (Attentive Reading - out loud)

How To Do It:

Select just a few verses; Slowly and quietly
read & re-read the verses out loud 2-3
times

(2) MEDITATIO (meditation)

How To Do It:

Watch for your favorite verse or even just a
favorite word from the passage!
Put yourself in the bible passage; hear the
words; see the colors; feel the gravel; smell
the flowers; taste the food

(3) ORATIO (prayer; conversation; speech)

How To Do It:

Tell God about your favorite verse or your
favorite word! Tell Him why you like or
what it means to you.

(4) CONTEMPLATIO (contemplation; rest in the Lord)

How To Do It:

Now rest silently and open your heart to God.
Listen in silence. Don't worry about
distractions, but gently return from them to
continually focus on God.

(5) OPERATIO (work; effort; activity; action)

How To Do It:

What are small little ways that you can
implement what you have received? Plan
little ways each day to change your own
attitude & actions – maybe in how you treat
your family, friends, or neighbors?

John 6:47-59

Amen, amen, I say to you, whoever believes has eternal life.

I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.”

The Jews quarreled among themselves, saying, "How can this man give us (his) flesh to eat?"

Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever.”

These things he said while teaching in the synagogue in Capernaum.

SNEAK PREVIEW

ANAMNESIS:

The Church, fulfilling the command that she received from Christ the Lord through the Apostles, keeps the memorial of Christ, recalling especially His blessed Passion, glorious Resurrection, and Ascension into heaven.