

**THE  
CATHEDRAL  
OF THE  
RISEN  
CHRIST**

# **Cathedral Bible Study**

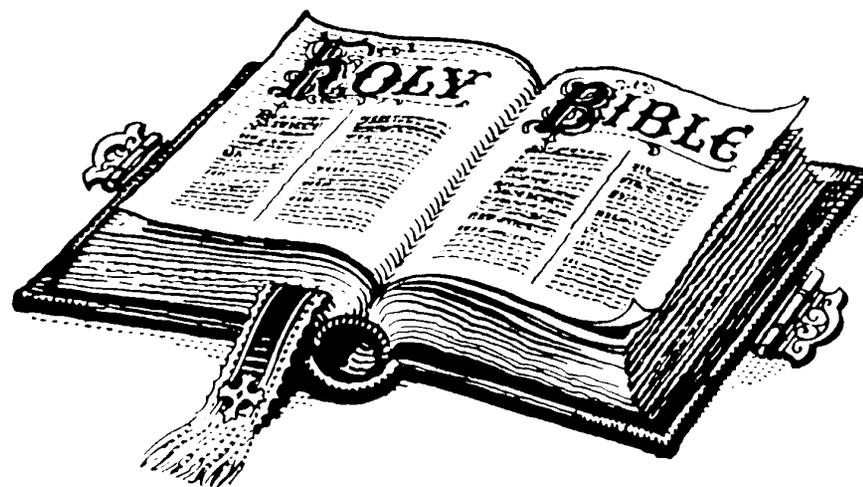
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Thursday, February 3, 2011

**\*\* PLEASE SIGN IN \*\***

# BIBLE STUDY OBJECTIVES

- Doctrine & Theology of the Liturgy of the Mass as found in Scripture & Tradition
- Using *Lectio Divina* to pray with the Bible
- Updated translation of the Mass parts
- Have fun!



# LITURGY OF THE EUCHARIST

1. Preparation of the Gifts
2. Prayer over the Offerings
3. The Eucharistic Prayer
4. Communion Rite
5. Lord's Prayer
6. Rite of Peace
- 7. The Fraction**
- 8. Communion**



# THE FRACTION RITE

The priest breaks the Eucharistic Bread (may be assisted by deacon or a concelebrant) and places a piece in the Chalice.

## **SIGNIFICANCE:**

- Breaking of the Bread at the Last Supper
- Signifies unity of Body & Blood
- Signifies unity with Holy Father

## **PRIEST'S PRAYER:**

May this mingling  
of the Body and Blood of our  
Lord Jesus Christ  
bring eternal life to us who  
receive it.

# LAMB OF GOD / AGNUS DEI

## PEOPLE:

Lamb of God, you take away  
the sins of the world,  
*... have Mercy on us!*

Lamb of God ...  
*...have Mercy on us!*

Lamb of God ...  
*... Grant us Peace!*

## BIBLE:

John the Baptist:

“The next day he saw Jesus  
coming toward him and  
said, “**Behold, the Lamb of  
God, who takes away the  
sin of the world.**”

(John 1:29)

# PRIVATE PRAYERS

Lord Jesus Christ, Son of the living God, **who by the will of the Father and the work of the Holy Spirit, through your death gave life to the world; free me by this your most holy Body and Blood from all my sins and from every evil; keep me always faithful to your commandments, and never let me be parted from you.**

*Or:*

**May the receiving of your Body and Blood, Lord Jesus Christ, not bring me to judgment and condemnation, but through your loving mercy be for me protection in mind and body, and a healing remedy.**

# LAMB OF GOD

## CURRENT:

**This is the Lamb of God**  
who takes away the sins  
of the world.

**Happy are those who are  
called to his supper.**

## ACCURATE:

**Behold the Lamb of God,  
behold him who takes  
away** the sins of the  
world.

**Blessed are those called  
to the supper of the  
Lamb.**

**BIBLE:** Then the angel said to me, "Write this: Blessed are those who have been called to the wedding feast of the Lamb."  
(Revelations 19:9)

# LAMB OF GOD

## CURRENT:

*All:*

Lord, I am not worthy  
**to receive you,**  
but only say the word  
and **I shall be healed..**

## ACCURATE:

Lord, I am not worthy  
**that you should enter**  
**under my roof,**  
but only say the word  
and **my soul shall be**  
**healed.**

# **PRIEST'S COMMUNION**

May the Body of Christ **keep me safe for eternal life.**

May the Blood of Christ **keep me safe for eternal life.**

# HOLY COMMUNION

## ON THE TONGUE:

- *Norm / Traditional way*
- Lord, I am not worthy
- Council of Trent declared that the custom whereby only the priest-celebrant gives Communion to himself (with his own hands), and the laity receive It from him, is an Apostolic tradition.
- Popes Leo & Gregory the Great write about

## IN THE HAND:

- Since 1969, Episcopal conferences have been approved to distribute in the hand, providing:
- Should show as much respect as communion on the tongue
  - Left hand placed on right hand; right hand used to convey the Sacred Host to the mouth

# **PRIVATE PRAYERS**

## **CLEANSING OF THE VESSELS:**

**What has passed our lips as food, O Lord, may we possess in purity of heart, that what has been given us in time may be our healing for eternity.**

# CONCLUDING RITE

## CONCLUDING PRAYER:

Taken from the proper of  
the Day

## ANNOUNCEMENTS:

## SIGN OF PEACE:

**Priest:** The Lord be with you .

**People:** **And with your spirit.**

## BLESSING:

May almighty God Bless you,  
The Father, and the Son, and  
the Holy Spirit. †

# OTHER BLESSINGS

## PONTIFICAL MASS

The Lord be with you.

- **And with your spirit.**

Blessed be the name of the  
Lord.

- **Now and for ever.**

Our help is in the name of the  
Lord.

- **Who made heaven and  
earth.**

## SOLEMN BLESSINGS

Bow your head and pray for  
God's Blessings ...

# DISMISSAL

## CURRENT:

The Mass is ended, go in  
peace.

## ACCURATE:

**Go forth, the Mass is  
ended.**

*Or: Go and announce the  
Gospel of the Lord.*

*Or: Go in peace, glorifying  
the Lord by your life.*

*Or: Go in peace.*

# LECTIO DIVINA

*An Ancient Method of Praying the Bible  
Practiced and Taught by Pope St. Gregory  
the Great (590-604AD)*

ZENIT: Pope Benedict XVI believes that the recovery of the practice of "*lectio divina*," prayerful meditation of Scripture, will bring a "new spiritual springtime" for the Church. When meeting with more than 400 experts attending a congress in Rome on "Sacred Scripture in the Life of the Church," the Holy Father recommended this ancient practice which literally means "divine reading."



# Lectio Divina

*(An Ancient Method of Prayer in 5 steps)*

## **(\*) PREPARE**

Get your Bible & Find a quiet place to pray;  
Plan to pray for at least 15 minutes

## **(1) LECTIO** (Attentive Reading - out loud)

*How To Do It:*

Select just a few verses; Slowly and quietly read  
& re-read the verses out loud 2-3 times

## **(2) MEDITATIO** (meditation)

*How To Do It:*

Watch for your favorite verse or even just a  
favorite word from the passage!

Put yourself in the bible passage; hear the  
words; see the colors; feel the gravel; smell  
the flowers; taste the food

## **(3) ORATIO** (prayer; conversation; speech)

*How To Do It:*

Tell God about your favorite verse or your  
favorite word! Tell Him why you like or what  
it means to you.

## **(4) CONTEMPLATIO** (contemplation; rest in the Lord)

*How To Do It:*

Now rest silently and open your heart to God.  
Listen in silence. Don't worry about  
distractions, but gently return from them to  
continually focus on God.

## **(5) OPERATIO** (work; effort; activity; action)

*How To Do It:*

What are small little ways that you can  
implement what you have received? Plan  
little ways each day to change your own  
attitude & actions – maybe in how you treat  
your family, friends, or neighbors?

# LUKE 7:1-10

When he had finished all his words to the people, he entered Capernaum.

A centurion there had a slave who was ill and about to die, and he was valuable to him. When he heard about Jesus, he sent elders of the Jews to him, asking him to come and save the life of his slave. They approached Jesus and strongly urged him to come, saying, "He deserves to have you do this for him, for he loves our nation and he built the synagogue for us."

And Jesus went with them, but when he was only a short distance from the house, the centurion sent friends to tell him, "Lord, do not trouble yourself, for I am not worthy to have you enter under my roof. Therefore, I did not consider myself worthy to come to you; but say the word and let my servant be healed. For I too am a person subject to authority, with soldiers subject to me. And I say to one, 'Go,' and he goes; and to another, 'Come here,' and he comes; and to my slave, 'Do this,' and he does it."

When Jesus heard this he was amazed at him and, turning, said to the crowd following him, "I tell you, not even in Israel have I found such faith."

When the messengers returned to the house, they found the slave in good health.

# **SNEAK PREVIEW**

**The Mass in Review**

**Listening in Prayer**