

50 Days of Prayer and Fasting

50 Days 50 States

September 14 – November 3

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SEPTEMBER		14 Alabama	15 Alaska	16 Arizona	17 Arkansas	18 California	19 Colorado
	20 Connecticut	21 Delaware	22 Florida	23 Georgia	24 Hawaii	25 Idaho	26 Illinois
	27 Indiana	28 Iowa	29 Kansas	30 Kentucky	1 Louisiana	2 Maine	3 Maryland
OCTOBER	4 Mass.	5 Michigan	6 Minnesota	7 Mississippi	8 Missouri	9 Montana	10 Nebraska
	11 Nevada	12 New Hampshire	13 New Jersey	14 New Mexico	15 New York	16 North Carolina	17 North Dakota
	18 Ohio	19 Oklahoma	20 Oregon	21 Pennsylvania	22 Rhode Island	23 South Carolina	24 South Dakota
NOVEMBER	25 Tennessee	26 Texas	27 Utah	28 Vermont	29 Virginia	30 Washington	31 West Virginia
	1 Wisconsin	2 Wyoming	3 ELECTION DAY All USA, including DC & US territories				



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PRAY FOR OUR COUNTRY AND EACH STATE FOR:

- Praise and thanksgiving for the blessings and freedom of America
- A Spirit of humility and repentance in our land
- The President and all leaders to be protected and led by Truth and compassion
- The justice system to uphold righteousness and enact justice
- Voters to discern good and evil and vote for pro-life and pro-family leaders
- An end to all violence and that elections will be fair and peaceful
- Unity among Christians and the spread of the Gospel in the USA

Praying and Fasting

There are many resources available online for ways to pray and fast and to pray as groups, families, churches and individuals. Historically many Christians have practiced the three-fold discipline of praying, fasting and almsgiving as a powerful means to detach ourselves from the world and its cares, draw closer to God, hear His voice more clearly, and do spiritual battle in prayer. Following are some suggested Bible Verses related to praying and fasting for our country (RSV translation):

2 Chronicles 7:14

If my people who are called by my name humble themselves, and pray and seek my face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.

Psalms 122:6-7

Pray for the peace of Jerusalem! May they prosper who love you!
Peace be within your walls, and security within your towers!

Matthew 6:1-18, Sermon on the Mount concerning almsgiving, prayer and fasting

Matthew 18:19-20

Again I say to you, if two of you agree on earth about anything they ask, it will be done for them by my Father in heaven. For where two or three are gathered in my name, there am I in the midst of them.

Mark 9:29

And [Jesus] said to them, "This kind cannot be driven out by anything but prayer and fasting."

Luke 5:35

The days will come, when the bridegroom is taken away from them, and then they will fast in those days.

Luke 12:33-34

Sell your possessions, and give alms; provide yourselves with purses that do not grow old, with a treasure in the heavens that does not fail, where no thief approaches and no moth destroys. For where your treasure is, there will your heart be also.

John 17:21-23

... [I pray] that they may all be one; even as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me. The glory which you have given me I have given to them, that they may be one even as we are one, I in them and you in me, that they may become perfectly one, so that the world may know that you have sent me and have loved them even as you have loved me.

Ephesians 6:11-12

Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we are not contending against flesh and blood, but against the principalities, against the powers, against the world rulers of this present darkness, against the spiritual hosts of wickedness in the heavenly places.

1 Timothy 2:1-2

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all men, for kings and all who are in high positions, that we may lead a quiet and peaceable life, godly and respectful in every way.

Excerpt from Pope John Paul II's Encyclical *Evangelium Vitae* (The Gospel of Life)

... we know that we can rely on the help of God, for whom nothing is impossible (cf. Mt 19:26). Filled with this certainty, and moved by profound concern for the destiny of every man and woman, I repeat what I said to those families who carry out their challenging mission amid so many difficulties: a great prayer for life is urgently needed, a prayer which will rise up throughout the world. Through special initiatives and in daily prayer, may an impassioned plea rise to God, the Creator and lover of life, from every Christian community, from every group and association, from every family and from the heart of every believer. **Jesus himself has shown us by his own example that prayer and fasting are the first and most effective weapons against the forces of evil (cf. Mt 4:1-11). As he taught his disciples, some demons cannot be driven out except in this way (cf. Mk 9:29).** Let us therefore discover anew the humility and the courage to pray and fast so that power from on high will break down the walls of lies and deceit: the walls which conceal from the sight of so many of our brothers and sisters the evil of practices and laws which are hostile to life. May this same power turn their hearts to resolutions and goals inspired by the civilization of life and love. (100, bold emphasis added)

